

**BINGHAMTON CHAPTER OF THE ADK
Minutes for April 12, 2011**

The Board meeting was called to order at 7 PM with Chair Donna Cole presiding.

Chair – Donna Cole gave a short introduction. There were no minutes from the previous meeting.

Vice Chair – No report

Treasurer – The balance at the end of January is \$1,460.62. Earth Day expenses totaled \$30. Treasurer's report is attached.

Director – Erik Gregory reported that at the Board of Director's meeting held March 26 the Club discussed revisions to Section A-19 – Guidelines for ADK Chapter Outings from the Policy and Procedures Manual. Chapter outings leaders should be advised of the new information. Erik also reminded us of upcoming Club events: (1) Multiple work weekends and work weeks for the Heart Lake Property and Johns Brook Lodge (April, May and November); (2) National Trails Day – June 4; (3) the Black Fly Affair – Saturday May 21; (4) Ildidaride! – August 14; (5) Annual Paddle Outing at Paul Smiths – July 18-28; (6) Fall Outing – October 14-16.

Outings Chair – Pat Connors reported on the April 10 hike to Chenango Valley State Park. Nine people completed the 3 mile hike. A juvenile bald eagle and a snapping turtle were observed. Upcoming events include hikes to the Silver Lake lean-to (May 6), the Tirrell Pond lean-to (May 15), and Big Slide (May 21). Check the website for more details.

Programs Chair – Gary Vanderbles talked about the program for the evening – a presentation by Donna Cole on "Nutrition for Optimal Performance – Before, During and After Activities". Gary also mentioned that he will present the program in May on "Staying Found – Using Your GPS"

Conservation Chair – No report

Membership & Communications Chair – If you have pictures from Chapter outings, please notify Teri Gracin so she can update our website. Ken Jackson reported that we have 194 members and the next newsletter will be published in May.

Ongoing Business – Earth Day will be held April 30 from 10 AM to 5 PM at MacArthur school. Additional information will be on the list serve.

New Business – We decided to have our annual Chapter picnic on June 21 at Port Dickenson Park. Start time will be 6 PM. The Chapter will provide the food. Donna Cole will make arrangements with the Park.

The meeting was adjourned at 7:25

Following the meeting Donna Cole presented her program on nutrition for performance.

The next meeting will be held May 10 at Gander Mountain on Harry L. Drive in Johnson City. A Board Meeting will be held from 6:15–6:45; the general meeting will begin at 7:00.

Submitted By:
Elaine Gregory, Secretary