

Binghamton Outdoors!!!

**Newsflash of the Binghamton Chapter
of the Adirondack Mountain Club (ADK)**

Fall 2016

A Message From Your Chapter Chair

September is here again. I hope you enjoyed your summer and were able to partake in new experiences in the Adirondacks.

We are opening our new year with a couple of interesting presentations. Please note, our meetings and presentations this year will not always be on the second Tuesday of the month. In fact, our September and November presentations are on Thursdays; 9/15 and 11/10.

I am very excited about them. First, Heather Houskeeper will be discussing edible and medicinal plants on the Finger Lakes Trail. My comfort level doesn't go past raspberries, blueberries, and blackberries; I am interested in learning more.

In November Erik Schlimmer will discuss the Trans Adirondack Route which traverses the Adirondack park blue line to blue line. While I have not done any long distance backpacking, and my bushwhacking experience has been limited to Catskills peaks and some specific goals in the Adirondacks, I am always interested in hearing about how people pursue these activities for greater objectives.

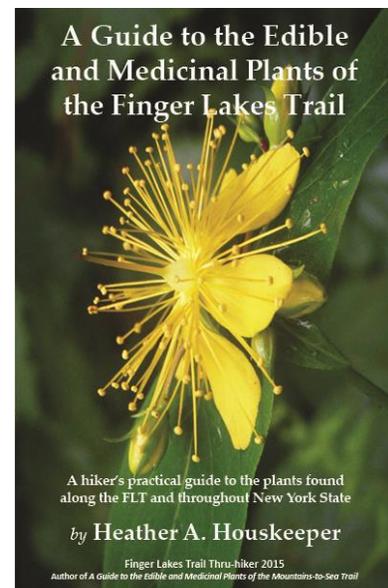
Mark Epstein

Upcoming chapter meetings

Sep 15th, 2016, Thursday 7PM: Chapter meeting, Presentation: Edible/medicinal plants on the Finger Lakes Trail, by Heather Houskeeper (at Chenango Town Hall)

Also known as "the Botanical Hiker," Houskeeper has thru-hiked the Appalachian Trail and North Carolina's Mountains to Sea Trail (twice), and set the record as the first person to hike the entire Finger Lakes Trail System in one continuous trek. When not woods rambling or pulling back the petals on a botanical find, she educates and guides others into the natural world. visit her blog: www.TheBotanicalHiker.blogspot.com

Heather Houskeeper's practical guide to identifying and utilizing the plants found along the almost 1,000 mile footpath as well as the rest of NY State's rolling hills, deep



river valleys, rugged mountain tops, grassy meadows, and even the edges of freshly sown farm fields will be available for purchase.

October 11th, 2016, Tuesday 7PM, Chapter meeting. Movie night or presentation (at Chenango Town Hall)

November 10th, 2016, Thursday 7PM: Chapter meeting, Presentation: The Trans Adirondack Route which traverses the Adirondack park blue line to blue line. By Erik Schlimmer (at Chenango Town Hall)

Established in 2013, the Trans Adirondack Route is a long-distance pathway that traverses New York State's Adirondack Park, the biggest and best protected park in the Lower Forty-Eight. Running 236.4 miles, few footpaths in the Northeast are longer, and none are wilder.

The Trans Adirondack Route is managed and promoted by Friends of the Trans Adirondack Route, a petit grassroots organization that prides itself on its authenticity and offers maps, books, and other route merchandise. Our straightforwardness is reflected in our mission statement: "The mission of Friends of the Trans Adirondack Route is to promote responsible use of the Trans Adirondack Route and the Adirondack Mountains as a whole.

**BLUE LINE TO BLUE LINE:
THE OFFICIAL GUIDE TO THE
TRANS ADIRONDACK ROUTE**



ERIK SCHLIMMER
FOREWORD BY LAURA WATERMAN

December 13th, 2016, Tuesday 6PM, Chapter Holiday Party. Bring a dish to pass. (at Chenango Town Hall)

New Adirondack Recreation Area

Boreas Ponds in Adirondack Park opened to recreation

The 20,758-acre Boreas Ponds Tract was purchased in the spring of 2016 and is currently unclassified lands in the Adirondack Forest Preserve. A large portion of the Boreas Ponds Tract is a lowland area between the North River Mountain Range to the west and the Boreas Mountain Range to the east. The summits of the Boreas Mountain Range are on the tract. Spectacular views of these mountain ranges and mountains in the High Peaks Wilderness - such as Marcy, Haystack, Gothics, and Saddleback - can be seen from a number of locations.



Boreas Ponds, the namesake of the tract, form a 320-acre body of water, now one of the largest in the park completely surrounded by Forest Preserve. Other waters on the tract include LaBier Flow, Boreas River, LeClaire Brook, Casey Brook, Slide Brook and White Lily Brook, which provide habitat for cold water fish, including brook trout.

Hiking: No trails have been designated or marked at this time, however hiking is permitted on all roadways within the tract.

Camping: No tent sites have been designated, but all of the lands are open to backcountry camping provided campsites are more than 150 feet from any roadway or body of water.

Paddling: LaBier Flow and Boreas Ponds are attractive waters for paddling and can be accessed from the parking areas along Gulf Brook Road. Paddlers will need to carry their canoe or kayak at least 2.5 miles from the parking area to LaBier Flow. There is a 0.5-mile carry between LaBier Flow and the Boreas Ponds.

Users should be aware that lease holders have the right to drive motor vehicles and ATVs on Gulf Brook Road, Trout Pond Road, White Lily Pond Road, and Ragged Mountain Road.