

Binghamton Outdoors!!!

Newsletter of the Binghamton Chapter
of the Adirondack Mountain Club (ADK)

Volume 10, Number 1 Fall 2021

Chapter Election Results

Elections for Chapter Leadership were held via ZOOM on Dec 16th, as the continuing COVID saga prevented us from having a meeting in person. The following team was elected:

Position	2022-2023	Email
Chair	Pat Connors	pat_connors_ny@yahoo.com
Vice-Chair	Vacant	
Advisory Council Representative	Bob Strebel	bobmail@stny.rr.com
Secretary	Elaine Gregory	cricket46@echoes.net
Treasurer	Lindsey Leiser	adk46@stny.rr.com
Outings	Bob Strebel	bobmail@stny.rr.com
Programs	Vacant	
Conservation	Cindy Gretzinger	cgzinger@gmail.com
Membership	Erik Gregory	rf8g46er@echoes.net
Communications/Webmaster	Erik Gregory	rf8g46er@echoes.net
Hospitality	Vacant	

Particular thanks goes out to Ken Jackson for his years of tireless service as the chair of Membership and Conservation for the Chapter. Thanks, Ken!!

As you can see, we still have vacancies on the Leadership Team. If you would like to get involved, please contact the Chapter Chair

From your Chapter Chair

Happy Holidays to all! We at the Binghamton Chapter of the ADK hope that you all are having a great and safe holiday season.

In our newsletter you will see some accounts of the various activities our chapter members participated in over the last few months. I hope you enjoy the write-ups and the pictures. I hope that they inspire you to get involved in the chapter and help us grow.

When I look back over 2021 (even with Covid) I am proud of what we were able to accomplish as we were heavily involved in many conservation projects. We participated in five trail maintenance projects at area parks and state forests. We participated in the Otsiningo Park riverbank clean-up. We did trail maintenance on a portion of the Finger Lakes Trail that our chapter has adopted (the Rock Rift fire tower portion) and maintained the lean-to at Tirrell Pond in the Adirondacks...during this project we dug a new hole for the privy and moved the privy to the new location. It was definitely glamorous (Ha Ha) and back breaking labor but it was a great way to give back to the trails that we all love so much. Plus, we got to see moose tracks in the sand along the pond. Please look at the 2021 wrap-up from our Outings Chair for dates and details on Chapter Meetings and Conservation events.

Additionally, we had several local hikes at Chenango Valley State Park and along the Finger Lakes Trail and we were able to hold four informational sessions on topics related to hiking and the outdoors. We ended our 2021 events with our first trip to the Catskills in quite some time....this time hiking Slide Mountain, the tallest peak in the Catskills, on December 17th.

For 2022 we hope to build on our success in conservation projects and continue to grow these important activities. We also want to focus on having more outings, hikes and informational sessions. We already have a number of local and regional hikes on the calendar and hope to add more as time goes by. Please take a look at the 2022 Outings Schedule that is included in this newsletter, and stay tuned to the website and e-mail alerts for additions and details.

You are all warmly invited to join us. We welcome suggestions for additional activities. We need you, the chapter members, to suggest and, perhaps, help organize and maybe even lead your own adventure for the chapter. We ALWAYS need more ideas and volunteers to organize the hikes and outings. I recently sent out a “survey” of sorts to you all. Thank you to those who have responded so far...your input **IS** being considered. To those of you who have not responded, please take a few minutes to do so. Again, all ideas and thoughts are welcome.

In summary, we can have a great year in 2022. Please join us for one of our outings or hikes and please consider volunteering to suggest and establish a new project or outing or hike for our chapter in order to make it the better for all of us.

Thanks,

Pat

From the Outings Chair

Working for Wilderness – Binghamton Chapter and Friends

As days blend into one another, it is easy to forget everything that has happened. As I compiled the list of classes and conservation events our Binghamton Chapter organized this year I was surprised to realize how many there were. The year started in Covid isolation with a few Zoom meetings. Then we did a lot of trail maintenance, a lean-to visit and a river bank clean up. In many cases we teamed with our friends from the Triple Cities Hiking Club, Finger Lakes Trail Conference, Binghamton Environmental Management Council, and the NYS Department of Environmental Conservation. Thanks to all who volunteered for wilderness, so that all can continue to enjoy it. A summary for 2021 is listed below.

Bob

2021 Binghamton Chapter Classes and Conservation Events

Date	Location	Event	Participants	Description
Jan 10, 2021	Zoom	The Adirondack & Catskills Parks	21	Presentation on the Parks
Mar 9, 2021	Zoom	Backwoods First Aid	32	Class
Apr 13, 2021	Zoom	Map & Compass Class	22	Class
Apr 22, 2021	Finger Lakes Trail - Rock Rift (Section 28)	Trail Maintenance	6	Cleared trail of brush/trees - 4 1/2 Miles
May 11, 2021	Zoom	Leave No Trace Awareness Class	5	Class
May 24, 2021	Hawkins Pond	Trail Maintenance	9	Cleared trail of brush/trees and marked trails
Jun 5, 2021	Hawkins Pond	Trail Maintenance	4	Cleared trail of brush/trees and marked trails
Jun 7, 2021	Aqua-Terra	Trail Maintenance	8	Cleared trail of brush/trees and marked trails
Jul 30, 2021	Aqua-Terra	Trail Maintenance	9	Cleared trail of brush/trees and marked trails - 2 miles
Oct 8, 2021	Tirrell Pond Leanto	Privy Move	4	Moved privy
Oct 16, 2021	Otsiningo Park	River Bank Clean Up	14	Collected 225 pounds of
Nov 5, 2021	Jenksville State Forest	Trail Maintenance	17	Cleared trail of brush/trees and marked trails - 7 miles, 60 markers up.

Chapter Meetings for 2022

Due to Covid all meetings are currently being conducted via Zoom. As soon as we can, we'll meet in person. We'll announce any schedule changes via e-mail, and post them on the web site (www.binghamtonadk.org). Zoom information will be sent out at least a week prior to the meeting via e-mail.

On the schedule so far (look for more as the year gets underway)...

Tuesday March 8th

Zoom Meeting. 7PM. Program: Invasive Species. The Presenter will be Liz Woitd, the Director of Parks, Recreation and Youth Services for Broome County.

Spring 2020 (date TBD)

Zoom Meeting. 7PM. Program: Leave No Trace Awareness

Tuesday October 11th

Chapter Meeting. Program: The Grand Canyon and Utah's National Parks.

It's not until October, but plan on tuning in for a look at Dave Bailey's exploits!

Chapter Outings and Events for 2022

If you would like to organize an outing please contact our Outings Chair, Bob Strebel (bobmail@stny.rr.com). Consider leading an outing to your favorite place...we need more outings leaders!

Our Chapter likes to hike, paddle and backpack. We're also focused on Conservation in Broome County, and we need your help! Many of the Outings for 2022 on the list so far are conservation-minded, so you can pick one or two and put them on your calendar. It's rewarding to participate! We'll add more events as the year progresses.

As the date for events approach, we'll send e-mails with more detailed information, and post it on the website.

Winter 2022 – Date TBD

Adirondacks Hike. Mt Colden. Contact Pat Connors for details. (pat_connors_ny@yahoo.com)

Saturday January 1st

Berry Hill Fire Tower. Contact Bob Strebel for details. (bobmail@stny.rr.com)

Thursday January 13th

Moonlight Snowshoe Hike. Binghamton University Nature Preserve. Contact Cindy Gretzinger for details. (cgzinger@gmail.com)

Saturday January 22st

Catskills Hike. West Kill. Contact Pat Connors for details. (pat_connors_ny@yahoo.com)

Tuesday February 15th

Moonlight Snowshoe Hike. Broome Community College. Contact Cindy Gretzinger for details. (cgzinger@gmail.com)

Saturday February 19th

Catskills Hike. Location TBD. Contact Pat Connors for details. (pat_connors_ny@yahoo.com)

Saturday March 12th

Snowshoe Hike. Bowman Lake SP. Contact Lindsey Leiser for details. (adk46@stny.rr.com)
[This hike is one of the qualifying hikes for the Chapter's Southern Tier Scramble patch.]

Friday March 25th

Aqua-Terra County Park. Trail Maintenance. Contact Cindy Gretzinger for details. (cgzinger@gmail.com)

Saturday April 2nd

Hike. Virgil Mountain Loop Trail. Contact Lindsey Leiser for details. (adk46@stny.rr.com)
[This hike is one of the qualifying hikes for the Chapter's Southern Tier Scramble patch.]

Friday April 22nd

Rock Rift Fire Tower. Finger Lakes Trail Maintenance. Contact Pat Connors for details.
(pat_connors_ny@yahoo.com)

Saturday, April 30th

Hawkins Pond County Park. Trail Maintenance. Contact Erik Gregory for details. (rf8g46er@echoes.net)

Friday, May 6th

Tirrell Pond Leanto. Maintenance/Cleanup. Contact Bob Strebel for details. (bobmail@stny.rr.com)

Friday-Sunday, June 3rd-June 5th

Northville-Lake Placid Trail. Trail Maintenance – National Trail Days. Contact Bob Strebel for details.
(bobmail@stny.rr.com)

Friday June 17th

Jenksville State Forest. Trail Maintenance. Contact Bob Strebel for details. (bobmail@stny.rr.com)

Happy 100 Year Anniversary ADK

2022 will be a very exciting year for the Adirondack Mountain Club (ADK), filled with events celebrating the club's 100th anniversary. Meade C Dobson organized a group of 40 people at the Abercrombie & Fitch sporting goods store in New York City in December of 1921. Dobson felt there was a need to assist the State in the development of trails and shelters to allow hikers to visit remote areas of the Adirondack Park. At that first meeting the group organized sub-committees including outing, recreational, educational, government, and business interests. The club's objectives were to develop and maintain hiking trails, to construct and maintain campsites and permanent camps, to publish trail maps and guidebooks, and to educate the public regarding the conservation of natural resources and prevention of forest fires.

The first project the ADK took up was the development of the Northville-Lake Placid trail. Work on the 138 mile trail started in 1922 and was completed in 1924. The land was donated to the State in 1927.

True to the spirit of the founding committee the ADK is still committed to conservation, education, responsible recreation and trail maintenance. Accomplishments over the course of 2021 for ADK:

- 5692 hours of trail work
- 418 school age students and 516 adult students educated in outdoor programs
- Advocated to fund the Adirondack Park stewardship
- Helped fund Leave No Trace organization to manage recreational impact in the Catskill Park
- Helped protect the Bluestone Wild Forest
- 21,950 publications sold
- Countless hours of volunteer work to help maintain trails and lean-to's, educate high peaks hikers through the summit stewardship program and other events

Today the club has over 30,000 members in 26 chapters that span New York State as well as members at large. The club owns and operates two major recreation properties nestled in the high peaks region of the park. The Heart Lake property, the larger of two, is the home of the Adirondack Loj built in 1927 after the original lodge built by Van Hoevenberg was destroyed by a forest fire. The property includes a campground, cabins and the High Peaks Information Center and, of course, the Loj. This property is the primary eastern access point to hike the high peaks. The club's education department operates at this site and offers classes in Leave No Trace, first aid and outdoor recreation. This site is also home to the Professional Trails Crew who maintain trails throughout the Adirondack and Catskill parks. Chances are that if you ever hiked a set of stone steps in the backwoods, your club's trail crew constructed them using non-gas powered hand tools and pulley systems.



You can't drive to John's Brook Lodge (JBL). It's a 3 1/2 mile hike from "The Garden" parking area in Keene Valley, NY. The 15.5 acre property was donated to the ADK in 1925. This is a great launch point to hike many of the high peaks that can be summited in day trips - returning to the lodge in the evening where a full service kitchen crew is waiting to serve you a warm dinner. The main lodge includes several co-ed bunk rooms. The property also includes two cabins and several lean-tos. All accommodations are open to the public for use. Reservations can be made via the ADK website.

In preparation for the 100 year anniversary the Centennial Committee has identified the following events:

- 1) **2022 Centennial Fall Outing:** Sept 23-25 2022, Silver Bay YMCA Conference Center, Lake George (not your ordinary YMCA). Registration might be operation in January 2022. Outings all 3 days, meeting & greet and music Friday night. BBQ diner at the boat house, Bill McKibben is the guest speaker on Saturday night. Hosted by Cold River chapter. Book early – registration may not be available until January 2022.
- 2) **Calendar:** 100 year theme calendar is done.
- 3) **"Ponds and Peaks"** book is at the editor preparing for publication.
- 4) **Chapter Membership Challenge:** The chapter the that increases membership by greatest percentage will get a prize.
- 5) **100 mile challenge:** Walking, Hiking, running, etc. 100 miles in 100 days, get pledges to raise money. Prizes: Registration is May 30 2022. Money will be donated to the ADK mission of your choice.
- 6) **National Trail Days, 2022:** Trail maintenance followed by fun at a campground in the evening. The club will work the Northville-Lake Placid trail. June 3, 2022.
- 7) **Lake Placid – North Elba Historical Society:** 100 year exhibit at the End of the NTP in the train station.
- 8) Others to be announced

It's not on the ADK Website yet, but here are the details for the 2022 Paddle Outing:

40th Annual ADK Paddle Outing - July 11-21, 2022
by Outing Coordinator Dave Tanner

Paddle in, and adjacent to the St. Regis Canoe Area – the largest wilderness canoe area in the East, covering 18,400 acres and over fifty ponds. The area is noted for its clear spring-fed ponds, short carries, and tranquil beauty.

The outing will be based at Paul Smith's College. There are over forty different opportunities for day trips. Each morning begins with optional stretching exercises, followed by breakfast in the college dining hall. After breakfast, select the items for your bag lunch, prepare your gear, get to the point of embarkation, and your off! Trips are led by other outing participants and vary in length and difficulty. Some trips may involve carries. You select the trip that meets your interest and skill level.

Following each day's trip, return to the dorm and enjoy a hot shower (laundry facilities are also in the dorm) and relax, then enjoy the fellowship of other paddlers in the lounge. After dinner, the group meets to hear about the day's trips and plan trips for the following day. Evenings offer the possibilities of walks, reading, and games. Cost includes lodging and three daily meals – dinner on the first day through a box lunch on the last day. Price does not include canoes, kayaks, or transportation of your boat.

Accommodations are in double occupancy dormitory rooms with roommates assigned for solo attendees. A few truly single rooms are available each session.

Registration is by mail only. Send \$110 per person non-refundable deposit to Dave Tanner; 25 Taylor St; Cortland, NY 13045; 607-423-1714; DLTanner@twc.com Prices are subject to change. Please include contact information (email AND phone number) with your registration. **Registration opens, and no checks received prior to January 18, 2022.** ADK Membership Required.

OPTION 1: July 11-16, \$550 double room occupancy, \$680 single room

OPTION 2: July 16-21, \$550 double room occupancy, \$680 single room

OPTION 3: July 11-21, \$990 double room occupancy, \$1260 single room

Advisory Council Update

by Bob Strebel

Prior to 2021 the ADK Board of Directors (BOD) included members from each of the 26 chapters, members-at-large and elected officers. Earlier this year the Board was restructured to help streamline operations and no longer includes chapter representation. This brought on the formation of the Advisory Council. The AC has one member from each of the chapters; one AC member represents the AC on the ADK BOD. The primary purpose of the AC is to advise and make recommendations to the BOD and executive committee with respect to the ADK mission, provide a forum for chapter collaboration and advocate for chapters. The AC also acts as a means of communication between Member Services (the main club) and chapter members.

The AC is also filling in a void of several committees that otherwise would no longer exist. The committees include members of the AC but participation is open to all ADK members. I am the Binghamton Chapter's AC Trustee. If

you are interesting in participating feel free to contact me and I will put you in contact with the right person to get you onboard. Bob Strebel (bobmail@stny.rr.com, 607-239-3882)

The AC has the following committees :

- 1) Outings and Meeting
 - 1) Currently collecting best practices for outings and meetings and is written a guidebook
- 2) Conservation and Advocacy
- 3) Education
- 4) Chapter Development
 - 1) Writing a common chapter by laws document that can be optionally adopted by chapters.
 - 2) Also working on budgeting guidelines to help ensure chapter's finances are within non-profit rules and regulations as well as in the spirit of the ADK organization.
- 5) Communications
 - 1) Writing a document describing tools to use to help communicate with members and non-members with a focus on social media tools and how to use them.
- 6) Membership Development
 - 1) Recently published a document listing and describing methods chapters can use to maintain and expand membership
 - 2) Now focusing on membership diversity
- 7) Technology

Other Communication Points:

Cascade Cross Country Ski Center

The ADK is acquiring the Cascade Cross Country Ski Center. Finally, a property on a main thoroughfare. The center is located on route 73 a few mile before Lake Placid and within 1/2 mile of the ADK Loj Road. The facility will be used to expand the clubs education programs and will continue to operate as a XC center. Skiing is open to the public and ADK members may receive a deep discount. The property transaction is planned for the first week of January, 2022.

Lake George Property

The Lake George Property which houses the executive team has been put up for sale. The club is considering a smaller location in the same general area but one where there might more foot traffic.

By-Laws Update

The controversial changes to the initial By-Laws update that the membership voted on in 2020 have been updated. These include:

- 1) the BOD would have been the sole body to vote in new BOD members; and
- 2) the BOD would have been the sole body to vote on any new by-law changes.

Now, in both cases, the Advisory Council will actively represent all ADK members as follows:

New BOD members and By-Law changes being considered by the BOD will be sent to the Advisory Council for their review for a period of up to 60 days. After AC review:

1. If the AC agrees with proposed new members or By-Law changes, then the BOD will be cleared to vote;
2. If the AC does not agree, then the BOD has to do one of the following:
 - a. Revise the list of proposed new members or By-Law changes to obtain AC agreement; or
 - b. Send the list of proposed new members or By-Law changes out to the entire membership for approval.

Outings and Activity Reports

Lake Lila Paddle

by Pat Connors

On May 21, I travelled to Lake Lila for an overnight kayak/camping trip with a friend. Lake Lila is a very remote 1436 acre lake in the William C. Whitney Wilderness Area north of Blue Mountain Lake and west of the village of Indian Lake. The lake is approximately 2 miles by 2.6 miles at its widest points. The approach to Lake Lila is an adventure in itself entailing a 5-6 mile trip along a very rough dead end dirt road. The lake and 7200 acres of surrounding land was acquired by the state in 1979. The land used to belong to the William Seward Webb family that had a great camp on it called Forest Lodge. When the land was sold the family insisted that the lodge be razed. A railway station that served the lodge remains. The parking area at the end of the road is approximately a quarter mile from the lake itself so a short portage to the lake



was required. From the take in spot on the eastern shore we paddled onto the lake which has several beautiful rocky, forested islands that rise high above the water. Several of the islands have primitive campsites on them. Lake Lila is unique in that there is NO development along its shore meaning no cottages or houses dot its shoreline. It is the largest lake in the Adirondacks whose entire shoreline is owned by New York State. The remoteness of the place was striking. We expected to see some crowds so we were pleasantly surprised to find the lake totally deserted....perhaps the fear of black flies at that time of year kept the faint of heart away. We paddled around to find a campsite and selected site 20 (there are 24 sites total) which is located on

the end of a spit of land that extends out into the lake and which had a nice sandy beach and a nearby rocky point. The campsite was a beautiful open site with enormous pines and very soft ground due to the dropped pine needles.

After setting up camp we paddled up Shingle Shanty Brook a mile or so navigating the sharp turns in the brook and several beaver dams. This brook is the inflow of the lake. We wanted to delve deeper into the maze but navigating the narrow waterway and sharp turns and actually finding the real channel grew somewhat tiresome so we returned to the lake. We retired to the campsite and spend time on the rocky shore enjoying the late afternoon sun. We swatted black flies that evening as we tried to enjoy the fire. The sunset between the trees on the island across from our site was striking.



My paddling partner had to unfortunately leave unexpectedly the next morning so I was on my own that day. I paddled the rest of the way across the lake and descended the outflow of the lake which is the Beaver River. The river was beautiful with towering pines along the shore. It was easy and relaxing paddling. After a bit I reluctantly turned around and continued exploring along the lake shore stopping at the lean to site on the western shore of the lake. I thought that our campsite was far superior to the lean to site. As I was paddling away from the lean to a spattering of rain came down and the wind became more brisk so I decided to head back to camp. After one last walk around the spit of land that our site was on, and a last lingering look at the idyllic site, I packed up and headed back to our take in spot. I lazily floated and paddled along (the rain had stopped) enjoying the views and the picturesque islands and the magnificent forest that lined the shore. The size and abundance of large trees was fascinating. I did spot one new camper/kayaker on one of the campsites perched high on the tip of one of the rocky islands across from the take in spot



I was soon back at the starting point and drudgingly loaded up and left this beguiling area to begin that long tedious drive home. However.....because I always want to linger in the ‘Daks as long as possible I couldn’t help but stop at Blue Mountain on my way by for the quick hike up that mountain to the fire tower to enjoy its tremendous view. The backside of the summit provides a great view back down to Tirrell Pond which is the lean to area that our chapter has adopted and maintains. I could clearly see down to the sandy beach that is near the lean to. At our trip to do the lean to maintenance later that year we would see moose tracks on that beach (Yes...MOOSE!)Gotta love the North Country.....

Tirrell Pond Lean-to

by Bob Strebel

The Tirrell Pond Lean-To, adopted by our chapter, is located in Blue Mountain Lake, NY, in the heart of the Adirondack Park along the Northville-Lake Placid trail. The main attraction to this particular lean-to is the 800 foot sandy beach on the north end of the lake. A dip in lake after a long days hike or, as in this case, after a work day at the lean-to is very refreshing. The local wildlife also seem to enjoy the beach as evidenced by the moose tracks along the beach. I’ve seen many tracks in my ventures into the woods but have yet to see a moose. Someday, maybe. It seemed this work trip would never happen. The catch was that a minimum of four people were needed for the task. Serval attempts were cancelled in the last minute due to unexpected last minute issues including a root canal, black flies and other of life’s unexpected popups.



But alas, October 8 2021, it all came together and we hiked in for the long awaited chore of moving the privy.



The drive from the Binghamton area is about 4 hours. We parked at the Blue Mountain Fire Tower trail head across from the Adirondack Experience (formally known as the Adirondack Museum). The trail on the way in was quite wet from the never ending rain we've had this year but that was offset by the peak fall colors and company. The hike is only 3 1/2 miles. We arrived at the lean-to about 11:00AM, had a quick bite to eat and started on our chore. After mulling about the new location we started digging. The top 8-10 inches was easy - normal top soil. The next 4 feet was compacted sand that somewhat resembled a weak but formidable cement. Progress was slow as we chipped away for the next 4 hours until we dug a five foot pit in the shape of an upside-down lightbulb.

After the pit was completed we had to move the privy itself. We built a small foundation from

rocks and two large 6x8s from the site. Then we nailed two 2x4s horizontally to the sides of structure extending towards both the front and back. With a person at each end of the 2x4s we lifted the privy as if it were an emperor's throne. Finally, after the job was done we took that dip in the lake, had dinner and some entertaining discussions around the fire that night. The next morning we had a quick bite to eat and hit the trail towards Lake Durant. A couple hours later we exited nature and hit the road.



Special thanks to Ron Bower, Pat Connors, Erik Gregory and Bob Strebel for volunteering to help on this job.



Jenksville State Forest Trail Work Day

by Cindy Gretzinger



The Binghamton Chapter ADK, Triple Cities Hiking Club and the CNY Horse Club worked together to set up a trail work day for Jenksville State Forest. There were reports of blow downs, trees across trails, brush encroachment and trail marking needed. Some trail walks were done before the trail work day to determine which areas needed the most attention. The Region 7 DEC office and CNY Horse Club were contacted and they were able to provide the numbered trail markers and aluminum nails. Aluminum nails are used to prevent corrosion and to prevent possible chain saw damage in the future. The trails at Jenksville State Forest are marked by color and by number on the online map. Maps were printed and handed out to make sure the markers were located correctly.

November 5th was a frosty morning but seventeen volunteers met to tackle the Red trails and the Blue Trails from the Shirley Road Parking area. Tina Elliot and Julie Buss from the Region 7 DEC office also attended and worked with us on the trails. By 11 am the sun was warming things up and the volunteers headed out with loppers and bow saws.

The team split into groups with half working on the Red Trails and half working on the Blue trails. Many trees were hand sawed on the Blue side. Three major blow downs were tackled on the Red side. A few trees down that were too big to hand saw were marked on a map for the DEC to handle with chain saws later. Many new markers were put up to replace old markings that were missing or to help indicate turns better. Alternate Red Trail #1 was cleared and remarked for a drier hike paralleling the truck trail. We had estimated about three hours for the session and needed every bit of that and more as folks returned 30 minutes to an hour after 2 pm. Thanks to all that attended and supported this much needed effort!

New ADK Merchandise

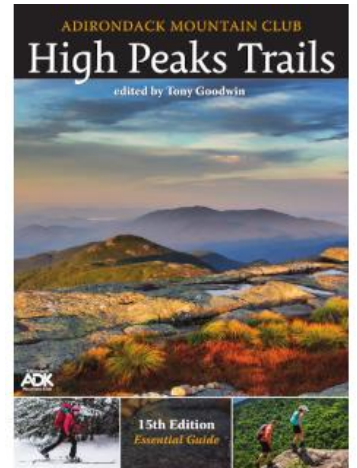
Purchase these and many other items at the ADK Shop: <https://www.adk.org/shop/>

High Peaks Trails Guide 15th Edition

Published in 2021 – the flagship of ADK’s Forest Preserve Series of guidebooks. It includes the 46 highest peaks in the Adirondacks.

Since the last edition was published, 47,000 acres of Forest Preserve have been added to the High Peaks Wilderness Area. The 15th edition addresses the significant zone changes that have been implemented by the NYS Department of Environmental Conservation, as well as new acquisitions, new trails, reroutes, restored and altered trailheads, and parking regulations.

Notable changes include Boreas Ponds access information, closure of the Porter Mt. trail from the Garden, numerous additions to the Champlain Valley trail network, and a whole new Northwestern Section, covering trails in the remote territory east of Route 30 north of Paul Smiths. Also new is a chart comparing approaches to Mount Marcy. The book is also smaller in size, to fit more easily into a backpack. Each trail is keyed to indicate its location on National Geographic Trails Illustrated Maps 742 and 746. Edited by Tony Goodwin.

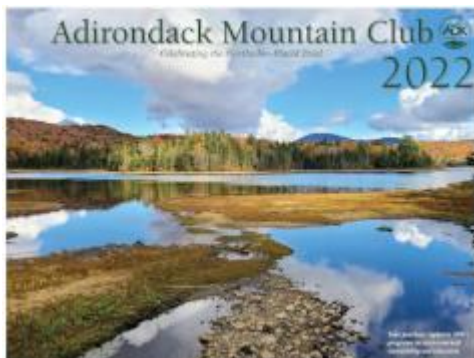


312 pages. Softcover. New compact size: 5" x 7". Purchase with Lake Placid/High Peaks Trails Illustrated Map #742 and save on the package. Members receive a 20% discount.

High Peaks Trails is volume 1 in ADK’s Forest Preserve Series of guidebooks covering the Adirondacks and Catskills. Volume 2 is Eastern Trails, volume 3 is Central Trails , volume 4 is Western Trails , volume 5 covers the Northville-Placid Trail, and volume 6 is Catskill Trails.

2022 ADK Calendar

\$13.95



ADK CENTENNIAL PATCH

\$6.00



Address Label

Subscription to this newsletter is included in membership in the Binghamton Chapter of the Adirondack Mountain Club. It is available to the public and to non-chapter members for \$5 per year. Contact Ken Jackson at (607)341-1584 for more information.

Binghamton Chapter Officers and Committee Chairs 2018

Chair: Pat Connors
625-4078 pat_connors_ny@yahoo.com

Conservation chair: Cindy Gretzinger
cgzinger@gmail.com

Outings chair: Bob Strebel
bobmail@stny.rr.com

Vice-Chair: Open

Treasurer: Lindsey Leiser
adk46@stny.rr.com

Membership chair: Erik Gregory
rf8g46er@echoes.net

Secretary: Elaine Gregory
cricket46@echoes.net

Advisory Council Rep: Bob Strebel
bobmail@stny.rr.com

Hospitality: Open

Program Chair: Open

Comm / Webmaster: Erik Gregory
rf8g46er@echoes.net

Adirondack Mountain Club annual membership dues are \$50 for individuals and \$60 for families (other membership levels are available, including seniors and students). Benefits of membership include:

- discounts on ADK workshops and programs
- discounts on ADK merchandise
- invitations to member only outings and extended trips
- reduced rates at ADK facilities: lodges, leantos, cabins, and campgrounds
- 20% discount on ADK trail guides, canoe guides, maps, books and calendars
- membership in one of ADK's 27 chapters throughout the Northeast
- Adirondac Magazine six times a year

For more information go to www.adk.org or call 800-395-8080