



# Binghamton Outdoors!!!

**Newsletter of the Binghamton Chapter of the Adirondack Mountain Club (ADK)**

Volume 5, Number 2 Summer 2012

## A Message From Your Chapter Chair

← Wishing everyone a great summer! May you have many chances to enjoy the outdoors. Whether you go hiking, biking, canoeing kayaking, stand up paddling, or are just getting out to enjoy nature, have a great time and don't forget to take pictures. To start the summer off right, join us for our **Summer Picnic**. You don't have to bring anything ...just yourself! Family and friends are also welcome. Just let me know if you are coming and how many, so we have enough food. **The picnic will be June 12<sup>th</sup>, 6PM@Chenango Valley State Park, Tween Lakes Shelter. Admission to the park is free after 5PM.** Come let's enjoy the park! It will be fun.

← See you at the picnic!

← Donna Coon

← Chapter Chair, 607-237-6311, [coledonnarn@yahoo.com](mailto:coledonnarn@yahoo.com)

## 1From The Treasurer

ADK offers Chapter Notes for which they pay affiliated chapters nominal interest for very small loans. The Chapters are served by getting interest for otherwise idle money while still retaining control. ADK is served by use of such funds for nominal interest. We have taken advantage of this program recently with two separate notes.

We have operated well within our budget this year, and I am pleased we are able to offer programs like our planned presentation by Rick Marci next March. I'd be pleased to hear of any other ideas and suggestions members may have.

Mark Epstein, Chapter Treasurer, [mepstein@stny.rr.com](mailto:mepstein@stny.rr.com)

## Chapter Opportunities

Would you like to give a little something back to the outdoors and the ADK? Your Binghamton ADK chapter has opportunities for you to serve on outings, programs, conservation, communications, and hospitality subcommittees. If so please contact Mark Epstein at [mepstein@stny.rr.com](mailto:mepstein@stny.rr.com) or 798-9115

## Getting to your Binghamton Chapter Leaders

### Erik Gregory - The Binghamton Chapter's contribution to ADK

Since our chapters' inception in 2008, Erik Gregory has been serving as our director.

While ADK has full-time employees, direction and oversight is from volunteer members.

Erik represents us on the board's quarterly meetings in Lake George and he has been our sole instrument in this position of direction to ADK. He is also our first hand link to the ADK board and reports directly back at our chapter meetings regarding issues and actions the ADK board has taken.

His time, effort, and interest in ADK have led to his being asked to serve as the Chairman of the Finance Committee for the entire ADK! His desire to effect positive change to ADK while in this position resulted in his inclusion in executive board meetings.

Without the Binghamton Chapter, Erik would never have had the opportunity that led to his great involvement in the club. We can all be proud that Erik came out of our Chapter.

Erik, thank you for all your work and dedication to the ADK and its mission.



## Outing Schedule 1

Watch your email for announcements on chapter outings over the summer!

If you have suggestions on outings, or would like to lead an outing please contact Pat Connors: [pat\\_connors\\_ny@yahoo.com](mailto:pat_connors_ny@yahoo.com)

### **Black Fly Affair: A Hikers Speakeasy, June 9<sup>th</sup>, 2012, Queensbury, NY**

2012 is ADK's 90th Anniversary and we are celebrating in ROARING 20s style. We have a great band, The O-Tones, promising big band sounds and lots of swinging jazz (and of course, the Charleston!). We may even have dance instruction to assist even the shyest of us to take a swing at it! And, you won't want to miss what we've got this year in our live and silent auctions. Tickets are still available, for more information go to [www.adk.org](http://www.adk.org)

### **St. Regis Paddle Outing July 23 - Aug 2<sup>nd</sup>, 2012**

**PADDLE IN THE ST. REGIS CANOE AREA, THE LARGEST WILDERNESS CANOE AREA IN THE EAST**

The St. Regis Canoe Area is the only designated canoe area in New York State, and with 18,000 acres of 58 ponds, the area is a paddlers' dream. The area is noted for its clear spring-fed ponds, short canoe carries and tranquil beauty. The entire area is closed to all motorized forms of transportation so the best way to enjoy all of the ponds is by use of a pack canoe, ultra lightweight canoes that can be easily transported between the many waterways linked by "carries."

All trips are led by other paddle outing participants and vary in length and difficulty. Some trips may have carries, but you can select the trip that meets your interest and skill level. Following each day's trip, return to the dorm and enjoy a hot shower (laundry facilities are in the dorm), a snooze if desired and then enjoy the fellowship of other paddlers in the lounge. After dinner, we meet as a group to hear about the day's trips and plan the next day's trips. Evenings offer possibilities of walks, reading and games.

The cost includes your lodging and three daily meals - dinner on the first day through a box lunch on the last day. The price does NOT include canoes, kayaks or transportation of your boat. Membership in the Adirondack Mountain Club is REQUIRED.

Option 1: July 23 - 28      \$500 DOUBLE OCCUPANCY ONLY

Option 2: July 28 - Aug 2 \$500  
Option 3: July 23 - Aug 2 \$900 DOUBLE OCCUPANCY ONLY

Please send leader your name, address, home phone number, and a \$100 per person non-refundable deposit, payable to ADK. Contact Outing Coordinator for more info: Marilyn Gillespie, 277 Lake Street, Saranac Lake, NY 12983, 518-891-2626  
[mgillespie82997@roadrunner.com](mailto:mgillespie82997@roadrunner.com)

### **ididaride! Adirondack Bike Tour Cyclist, August 12<sup>th</sup>, 2012**

A 75-mile road ride through the spectacular scenery of the central Adirondack Mountains. A 20-mile option with shuttle is also available. More information at <http://www.adk.org/events/ididaride/index.html> . Register online at [www.active.com](http://www.active.com) by August 1<sup>st</sup>. ididaride jerseys are available for order at [http://www.adk.org/Documents/ididaride\\_jersey\\_order\\_form\\_2012\\_Web.pdf](http://www.adk.org/Documents/ididaride_jersey_order_form_2012_Web.pdf)

### **ADK Fall Outing Sept 28 – 30<sup>th</sup>, 2012 Cold River Chapter, North Creek, NY**

Join members from all ADK Chapters in the town of North Creek for a weekend of HIKING and PADDLING throughout the Central Adirondacks and High Peaks. Other activities are available for the whole family, including the new scenic train ride, wolf walk, river rafting, model train museum and quaint Adirondack village shopping and restaurants. North Creek is a historic Adirondack village with a variety of accommodations, including camping. Dinner will be hosted at the Copperfield Inn.

Registration fee (nonrefundable) is \$20. Registration check-in will be at the Tannery Pond Community Center, North Creek, NY. Registrations will be accepted between June 1 and Sept 15. More information in April on the ADK Web-Site and from the registrar, Jan McCann, at [jmandkb@gmail.com](mailto:jmandkb@gmail.com)

### **Broome County River Bank Cleanup, Saturday Oct 13<sup>th</sup> 2012, 9AM to NOON Binghamton ADK Chapter group activity**

Our chapter will participate as a group in the Environmental Management Council's program to help clean our riverbanks and make Broome County's treasured rivers a little better! Please mark your calendars and watch [www.binghamtonadk.org](http://www.binghamtonadk.org) for more information.

## **Binghamton ADK - 2012 / 2013 Future Meetings**

Please mark your calendar for these upcoming Chapter meetings. Each meeting has a little business and a lot of focus on ways to be prepared and enjoy the outdoors! **NOTE THE MEETING PLACE FOR EACH MONTH. WE ARE WORKING TO GET RESERVATIONS AT THE SAME LOCATION NEXT YEAR, BUT ARE MEETING AT THESE 2 LOCATIONS NOW!!**

Chenango Town Hall Community Room 1529 State Route 12 Binghamton, NY 13901-5504	Binghamton Tennis Center 3801 Mill St Binghamton, NY 13903
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**June 12<sup>th</sup>, Tuesday, 6PM – 8PM: Picnic at Chenango Valley State Park (admission to park is free after 5PM)**

**July: No Meeting. Enjoy your summer outdoors!**

**August: No Meeting. Enjoy your summer outdoors!**

**September 11<sup>th</sup>, Tuesday, 7PM: Board and planning meeting, all invited, Binghamton Tennis Center**

**October 9<sup>th</sup>, Tuesday, 7PM: Chapter meeting, Chenango Town Hall Community Room , Program TBD**

**November 13<sup>th</sup>, Tuesday, 7PM: Chapter meeting, Binghamton Tennis Center, Program TBD**

**December 11<sup>th</sup>, Tuesday, 6PM Holiday Party and Chapter Elections, Chenango Town Hall Community Room**

**March 15<sup>th</sup>, 2013, Thursday, 7PM. Special Outdoor Program by Rick Marsi, naturalist, writer, and photographer, Chenango Town Hall Community Room**

## Outings Congratulations!

Congratulations to Binghamton ADK members Donna and Bruce Coon for completing their **End to End Hikes of the Finger Lakes Trail**, 558 miles from Alleghany State Park to the Long Path in the Catskill Forest Preserve. They hiked the trail in segments. Donna became End to Ender #333 on April 1st 2012. Bruce became End to Ender on May 20th 2012. Donna started hiking the trail in March of 2010. Bruce started hiking in July of 2010 (soon after they met) many of their “dates” were spent hiking the trail. May 20th 2011 they were married on the FLT near Donna’s hometown of Bainbridge. They not only celebrated Bruce completing his End to End, they also celebrated their first anniversary. May they have many more!

Do you have a recent accomplishment you’d like the club to know about? If so please send it to [kenjny@stny.rr.com](mailto:kenjny@stny.rr.com) and we’ll put it in the next newsletter!

## From The Communications and Membership Chair

Are you receiving ‘ADK Today’ via email, and chapter messages from our BinghamtonADK Listserv? If not we need an updated email address from you! Please send your current email address to [kenjny@stny.rr.com](mailto:kenjny@stny.rr.com) . Here are the ways you can find out the latest activities and happenings with your Binghamton ADK Chapter:

**[WWW.BINGHAMTONADK.ORG](http://WWW.BINGHAMTONADK.ORG)** Check out our chapter web site for the latest information and pictures! This is the place to find the latest Chapter activities. Would you like to post a picture or article on our chapter website? If so contact our webmaster Terri Gracin at [bingadkweb@gmail.com](mailto:bingadkweb@gmail.com)

**BINGHAMTONADK Yahoo group listserv:** <http://groups.yahoo.com/group/BinghamtonADK/> Chapter email communications tool. If you did not provide an email address with your membership and would like to be included, please send an email to [kenjny@stny.rr.com](mailto:kenjny@stny.rr.com)

**CHAPTER NEWSLETTER.** We hope you find this newsletter informative. Please send feedback/suggestions to [kenjny@stny.rr.com](mailto:kenjny@stny.rr.com)

*FYI....Our Chapter now has 174 members! Thank you for your support of ADK!* Welcome to new chapter members: Jeffrey Quinn, Jerry Brown, Ben Loughridge, Stanley Masters, Raymond Recchia, Steve and Terri Starner, Joe and Donna Telfer,

## Chapter Equipment for Rent

Have you ever wanted to try a new outdoor activity but did not have the equipment you needed to try it? Specialized equipment can be expensive, so consider renting. **The Chapter has 4 pairs of Crampons and 2 pairs of Microspikes available for rent at a rate of \$5 per week.** Crampons are necessary equipment for winter hikes in the Catskills and Adirondacks to traverse ice that is frequently found on trails. Microspikes are increasingly viewed as necessary equipment for late fall/early winter and early spring when snow or ice conditions make snowshoes and crampons poor tools of travel, yet bare booting becomes precarious. The Chapter Equipment / Rental policy is available on the Yahoo Group listserv and the web site. Contact Outings Chair Pat Connors at [pat\\_connors\\_ny@yahoo.com](mailto:pat_connors_ny@yahoo.com) to rent items or for more information

## ADK Books, Maps, and Gear

Did you know....when you shop the Adirondack Mountain Club's catalog, profits from your purchases support our three-fold mission of conservation, education, and recreation! ADK members receive a **20% discount** on ADK publications and a **10% discount** on ADK logo wear and gear. Browse your ADK Online Store at: [www.adk.org](http://www.adk.org)

## ADK is on Facebook

\* Find the ADK at [www.facebook.com/AdirondackMountainClub](http://www.facebook.com/AdirondackMountainClub)

\* Find the Binghamton Chapter at <http://www.facebook.com/group.php?gid=354287586956>



# ADK COMMUNITY NEWS & ACTIVITIES

## ADK Volunteer Trails Program 2012

Since 1986 thousands of volunteers have worked with trained ADK trail crew leaders to complete trail maintenance and reconstruction projects all over the Adirondacks and Catskills. Volunteers are provided with the unique opportunity to “give something back” to the trails that they use. Trail work is demanding so volunteers should expect to be challenged both physically and mentally. Through the course of a trail project, volunteers will share the experience with other participants forming new friendships and memories. Ultimately, a quality trail project is completed by volunteer trail crews that will protect the natural resource for many years. A fun and rewarding experience is guaranteed. ADK provides leadership, group camping gear, tools, transportation from base camp, and food for multi-day projects. ADK’s volunteer base camp serves as the staging area for the four and five day trail projects. It is located at the Adirondack Loj Campground adjacent to Heart Lake. Project information including an equipment list will be sent to all volunteers upon registration. Register at <http://www.adk.org/Documents/TrailsRegistrationForm.pdf>



### One Day Projects

June 16 -- Cascade Mountain – High Peaks Wilderness  
June 16 -- Ruth’s Easy Project

June 24-29 -- Elk Lake

Aug. 12-16 -- Long Lake Canoe Trip – High Peaks Wilderness

### Two Day Project

June 8-10 -- JBL Trail Work Weekend – High Peaks Wilderness

### Workshops and Special Events

June 23 -- Trail Steward/Maintainer Workshop

June 2 -- National Trails Day - Southern Adirondacks and trail projects will be located north of Caroga Lake

Oct. 13 -- Fall Trails Day, High Peaks Wilderness

### Four and Five Day Projects

June 17-22 -- Goodnow Mountain

## Take a stand for wildlands in the Adirondack Park. Add your name to a petition for new "Forever Wild" Forest Preserve lands in New York!

You can help make 65,000 acres of spectacular conservation and recreation forest lands Forever Wild by signing the online petition at <http://www.adirondackparkpetition.com/>

The online petition to Governor Andrew Cuomo and DEC Commissioner Joe Martens urges New York to buy these lands as part of the Adirondack Forest Preserve where they will enjoy "Forever Wild" protection.

### Background

In 2007, the Adirondack Chapter of the Nature Conservancy purchased over 161,000 acres of forest land in the central Adirondack Park from Finch, Pruyn and Company of Glens Falls. These lands include over 16,000 acres of wetlands, more than 300 lakes and ponds, over 90 mountain peaks, and 425 miles of rivers and streams, including 43 miles of Hudson River shoreline. The Nature Conservancy and the State of New York have agreed to conserve and protect these lands as follows:



Picture of Boreas Ponds area

In 2010, New York State purchased 92,000 acres in conservation easements, which means that these lands will remain as commercial forest lands managed sustainably for the longterm. These lands will produce logs for mills, rather than lots for housing, and now provide some new public access for outdoor recreational opportunities. This part of the deal was completed in 2010

65,000 acres will be purchased and transferred to the State of New York over the next several years to become part of the "Forever Wild" Forest Preserve. These lands include the Essex Chain of Lakes, Boreas Ponds, the Hudson River Gorge and OK Slip Falls, among other natural jewels. All of the property to be transferred to the Forest Preserve will become open and available to the public -- for the first time in over a century -- for hunting, hiking, fishing and other recreational uses, including some new snowmobile trails. Funding will come

entirely from existing dollars set aside in the state's Environmental Protection Fund. Several hundred acres of land were sold to local towns for various municipal purposes, including expansion of a community golf course and an affordable housing program.

**This is a Good Deal for the Adirondack Park and all of New York State**



ADK – Binghamton Chapter  
3725 River Rd  
Endwell, NY 13760

MAIL PERMIT  
OR STAMP

Address Label

Subscription to this newsletter is included in membership in the Binghamton Chapter of the Adirondack Mountain Club. It is available to the public and to non-chapter members for \$5 per year. Contact Ken Jackson at (607)341-1584 for more information.

### **Binghamton Chapter Officers and Committee Chairs**

Chair: Donna Coon  
237-6311 [coledonnarn@yahoo.com](mailto:coledonnarn@yahoo.com)  
Vice-Chair: Brooks Getty  
757-9427 [brooksgetty@gmail.com](mailto:brooksgetty@gmail.com)  
Secretary: Bruce Coon  
201-4341 [coonbsr@stny.rr.com](mailto:coonbsr@stny.rr.com)  
Treasurer: Mark Epstein  
798-9115 [mepstein@stny.rr.com](mailto:mepstein@stny.rr.com)

Director, ADK: Erik Gregory  
775-0952 [egregory@threearrows.com](mailto:egregory@threearrows.com)  
Program Chair: Gary Vanderbles  
722-3765 [gvanderbles@stny.rr.com](mailto:gvanderbles@stny.rr.com)  
Conservation chair: Open  
(your name could be here!)  
Webmaster: Terri Gracin  
[bingadkweb@gmail.com](mailto:bingadkweb@gmail.com)

Outings chair: Pat Connors  
625-4078 [pat\\_connors\\_ny@yahoo.com](mailto:pat_connors_ny@yahoo.com)  
Communications/Membership  
chair: Ken Jackson  
341-1584 [kenjny@stny.rr.com](mailto:kenjny@stny.rr.com)  
Hospitality: Open

Adirondack Mountain Club annual membership dues are \$50 for individuals and \$60 for families (other membership levels are available, including seniors and students). Benefits of membership include:

- discounts on ADK workshops and programs
- invitations to member only outings and extended trips
- 20% discount on ADK trail guides, canoe guides, maps, books and calendars
- Adirondac Magazine six times a year
- discounts on ADK merchandise
- reduced rates at ADK facilities: lodges, leantos, cabins, and campgrounds
- membership in one of ADK's 27 chapters throughout the Northeast

For more information go to [www.adk.org](http://www.adk.org) or call 800-395-8080