

Binghamton Outdoors!!!

Newsletter of the Binghamton Chapter
of the Adirondack Mountain Club (ADK)

Volume 9, Number 3 Winter 2018

Your 2018 Chapter Leadership

Not long ago we were at a crossroads as a chapter and held meeting to try to engage more club members, and frankly, to solicit the participation of new leadership. We were concerned about our future. Several members stepped up and we now have all but three of our leadership positions filled. Please fill one of the open positions below if you can. We look forward to a renewed focus on our ADK mission in 2018 through meetings, outings and activities (see pages 3 and 4).

Position	2018-2019	Email
Chair	Pat Connors	pat_connors_ny@yahoo.com
Vice-Chair	Open	
Director	Bob Strebel	bobmail@stny.rr.com
Secretary	Elaine Gregory	cricket46@echoes.net
Treasurer	Stacey Flanagan	stafla12@gmail.com
Outings	Lindsey Leiser	adk46@stny.rr.com
Program	Open	
Conservation	Ken Jackson	kenjny@stny.rr.com
Communications	Open	
Webmaster	Erik Gregory	rf8g46er@echoes.net
Hospitality	Stacey Flanagan	stafla12@gmail.com

So now that we have a strong slate of Chair People, we need is your interest, and involvement in fun activities. Join us on an outing. Show up at a presentation. Thank you, your 2018 executive committee

Upcoming chapter meetings / presentations

Please mark your calendar for these upcoming Chapter meetings. Meetings are the 2nd Tuesday of the month at 7 PM in the Chenango Town Hall Community Room unless otherwise indicated.

Chenango Town Hall Community Room
1529 State Route 12
Binghamton, NY 13901-5504

Tuesday February 13th

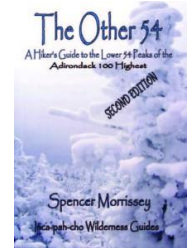
Chapter Meeting. 7PM. Program: Movie night!



In August of 2012, Director Blake Cortright summited Mount Marcy (New York's tallest peak) for the first time. The view from the mountaintop captivated his imagination, inspiring him to create a film about the Adirondack High Peaks. The film tells the story of the High Peaks and the men and women who hike them. Come enjoy this movie about your beloved Adirondacks!

Tuesday March 13th

Chapter Meeting. 7PM. Program: Presentation on the 'other 54' peaks of the Adirondacks "Hundred Highest"



Tuesday April 10th

Chapter Meeting. Program: Chapter Earth Day focus / project plans
See page 4 for project choices



Tuesday May 8th

Chapter Meeting. Program: Outdoor local hike. Do you have a local hike you want to share? Call one of us!

Tuesday June 12th, 6PM

Chapter Summer Picnic. Chenango Valley State Park tween lakes picnic shelter (*Check out Stacey Flanagan's creative ADK cake from last year!*)



No meetings in July and August. Enjoy your summer!

Tuesday September 11th

Chapter Meeting. Program TBD

Tuesday October 9th

Chapter Meeting. Program TBD

Tuesday November 13th

Chapter Meeting. Program TBD

Tuesday December 11th, 6PM. Chapter Holiday Party at Washingtonian Hall in Endwell.

See the pictures from the 2017 party on page 9

Message from your Chapter Chair

Hi! My name is Pat Connors and I am the new chairperson for the Binghamton ADK Chapter. To start I would like to thank Mark Epstein for his support and effort as Chairperson for the past few years. Under his leadership we enjoyed many memorable and enjoyable chapter meetings and outings and I truly appreciated his effort and dedication (plus he was able to drag me up many trailless Catskill peaks so I could finish my Catskill 35). I hope he will continue to provide his valuable and needed support to the chapter. To introduce myself I am an avid hiker and love the Adirondacks and the Catskill Mountains. I have dabbled in paddling both locally and in the ADK. I think the purpose of our club is to get together with other like-minded people and share our love of the outdoors. In this coming year we would like to focus on three goals: 1) Increase our outings for both local and ADK/Catskills hikes and paddles; 2) Get more involved as a club in conservation projects; 3) Organize a chapter "Get Away" in the Adirondacks to enjoy that majestic area. I also plan to develop and distribute a survey to find out what outing/activities you, our chapter members want us to focus on and gather information on who is interested in what kind of activities. Join us for an exciting year as we continue to grow and develop as a club.

Chapter Membership Status

Our Chapter now has 217 members! Thank you for your support of ADK!

Welcome to new and rejoined chapter members and affiliates since the last newsletter: Tim Farrell, John Gartman, Molly and Jim Hawley, Brian McCormack, Larry Cronk, Wayne Moakleer, Valerie and Robert Thompson, Angela Cardarelli, Scott Clarke, Julie Tracy, Warren Wall, Dennis Ebert, James and Denise Kilgore, Kip and Jaime Herner, Theresa Gracin, Walter Etten, Thomas Lyons, Kirk Martin, Charles Terry, Kevin Burns, Michele Corey, Ronald Sacks and Ilene Pinsker, Tiffany Larson and Tim Connors, Joanne Terwilliger, Joel Drake and Amy Pollock, Michael Kneebis, David Bailey, Alan and Angelina Hess.

Chapter Equipment for Rent

The Chapter has 4 pairs of Crampons and 2 pairs of Microspikes available for rent at a rate of \$5 per week. Crampons are necessary equipment for winter hikes in the Catskills and Adirondacks to traverse ice that is frequently found on trails. Microspikes are increasingly viewed as necessary equipment for late fall/early winter and early spring when snow or ice conditions make snowshoes and crampons poor tools of travel, yet bare booting becomes precarious. The Chapter Equipment / Rental policy is available on the Yahoo Group listserv and the web site. Contact Outings Chair Pat Connors at pat_connors_ny@yahoo.com to rent items or for more information.

ADK Mission Statement

ADK (Adirondack Mountain Club) is dedicated to the conservation, preservation, and responsible recreational use of the New York State Forest Preserve and other parks, wild lands, and waters vital to our members and chapters.

Who We Are

ADK is the only nonprofit organization dedicated to protecting and advocating for New York State's wild lands and waters while also teaching people how to enjoy natural places responsibly. Since 1922, the organization has offered people opportunities to stay and play in as well as protect, discover, and explore the outdoors. Today, ADK has 30,000 members in 27 chapters statewide and is served by a professional, year-round staff. The organization is recognized as a vital voice in the commitment to environmental stewardship and ethical outdoor recreation in New York State.

Upcoming chapter outings and activities

If you would like to organize an outing please contact our outings chair Lindsey Leiser at 607-621-8945 or adk46@stny.rr.com. Consider leading an outing to your favorite place...we need more outings leaders!

Saturday March 10th - Donuts and hiking two for one in the Scranton / Wilkes Barre area!

Early start, each participant brings lunch and water. Lindsey Leiser will lead a longer and a much shorter hike in the Wilkes-Barre, Pa. area. Hike will start at the Krispy Kreme donuts in Scranton. This place is awesome! Then he will lead a hike to one of three super spots in the area. Final choice will be decided by participants. All have great features, great views, great trails and all very easy to get to. None are super hard, there are a few small hills but that's about it. Total of 10 to 12 miles. All three have barrens to them, unique for the Northeast. The most awesome thing is Sugar Notch Conservancy at the end! Lindsey's experience: "I have been there twice in the summer and I found a creek area that is 35 to 40 degrees below what the air temperature is. So, for example, if it is 80 degrees out, its 40 here. The first time I had to leave, I was freezing!!! On a hot day you can't beat it. Will it work in the winter?? It is the craziest thing I have run into in all my tens of thousands of miles of hiking". RSVP to Lindsey Leiser at adk46@stny.rr.com or 607-621-8945.

Sunday April 22nd - Earth Day conservation project



Your chapter plans to do more conservation projects in 2018, including one on Earth Day weekend. Conservation projects choices are:

- Help Broome County parks build a rustic trail between Round Top Park and Grippen Park
- Adopt a section of the Finger Lakes Trail by Cannonsville Reservoir that leads to the Rock Rift fire tower
- Assist Waterman Conservation center with important 2018 projects
- Call or email Ken Jackson @ kenjny@stny.rr.com or 607-341-1584 to vote on which projects interest you!

Saturday / Sunday May 5th and 6th – Backpack to Silver Lake

Silver Lake is an easy to moderate 7.5 mile backpack on the Southern end of the Northville Placid trail. The trail gains 300 ft in elevation and has two enjoyable river crossings and beautiful views at Stony creek, Rock Lake, West Sacandaga River, Mica Lake, and Silver Lake. We will leave Binghamton at 7:00am Saturday morning for the 3 hr drive to the Godfrey Rd parking area. RSVP to leader Ken Jackson at kenjny@stny.rr.com or 607-341-1584.

Tuesday June 12th, 6PM – Chapter Summer Picnic, Chenango Valley State Park

Free admission (after 5PM), at Chenango Valley State Park Tween Lakes Picnic Shelter. Some members may do a paddling activity before the picnic.

Mid-September Chapter Weekend in the Adirondacks??

Your chapter is considering a chapter weekend getaway in the Adirondacks. Mid-September is one of the most beautiful times of the year in the Adirondacks. Several locations are being considered. Goal would be to enjoy a variety of activities over the weekend. Interested? Please contact Bob Strebel at bobmail@stny.rr.com or 239-3882.

Directors Report by Bob Strebel

Board of Directors Meeting Highlights – September 2017

New Branding: Earlier this year the ADK hired a company to review branding. Previously, CARES had been used for Conservation, Advocacy, Recreation, Environment and, Stewardship. While ADK members might have recognized this catch phrase, to a non-member the acronym by itself may suggest that ADK cares, but for what? “Working for Wilderness” is the new line and is self-evident of ADK goals.

Conservation/Environmental Notes

-Peekamoose Blue Hole, Catskills: A favorite swimming hole recently identified as one of the top 10 in the US has been swamped with hundreds of visitor per day leading to overuse and trash accumulation. The area has been designated as Leave No Trace Hot Spot. The ADK met with the DEC to train their personnel in the methods of “Leave No Trace” and to inform users of the area of these practices as opposed to simply ticking people. This approach seemed to be accepted by the users of the area and abuse seems to have been diminished. The ADK was recognized by the DEC for their expertise in LNT.

-Hemlock Woolly Adelgid: The adelgid has been found as far north as Lake George. The adelgid feeds on hemlock trees which will wipe out the hemlocks from NYS without taking counter measures. The ADK joined forces with NYC water supply and Cornell University to cultivate a beetle which eats, as its sole source of food, the adelgid. This approach has been proven successful in Virginia without any negative follow-on effects. The team will begin to release the beetles in the spring in the Catskills, Adirondack and western NYS.

-Boreas Ponds: Still no decision on the classification/use of this track of land. The ADK is still in the fight and has provided written and verbal opposition to the “glamping” proposition by the Governor’s Office indicating that the proposition is illegal and against the NYS constitution. The saga continues...

-New Director of Development: Laurie Martin is ADK’s new Development Director (fund raising). She is currently the chief fundraiser for the environmental law programs at Vermont University. She has worked for Audubon Vermont, Merck Forest, Sierra Club, The Nature Conservancy and the US House of Representatives. She should be a great asset to the organization. Like Harry Potter, we expect great things from her.

Heart Lake Facility Update:

-The HPIC is once again open after its prolonged renovation and the new water well to support additional facilities is complete. Unfortunately, the new concessions stand, wash house and camp ground expansion will be delayed to next year. On the bright side, the ADK set up a temporary concessions stand this summer serving burgers, brats, and more of the same. If sales of the new concessions stand follows suit it will turn out to be a good financial investment by the club.

General:

-Overall, there is a lot of good news from the club. Membership is up, the education programs are well attended and volunteerism is strong. Which is an important point – while the ADK does have paid staff it is largely a volunteer organization. There are a lot a ways to pitch in. Here is a link to just of the possibilities: <https://www.adk.org/protect/volunteer/>.

-The professional trails crew has completed lots of work for the DEC in both the Adirondacks and the Catskills.

Outings, Activities, Meetings Reports

BLUE MTN AND STILLWATER MTN FIRE TOWERS, by Erik Gregory

The latest issue of Adirondac Magazine indicates that the Second Edition of “Views From on High” is available – the informative book by Jack Freeman (and now co-authored by Jim Schneider) about hiking the Fire Tower Peaks in the Adirondack and Catskill Mountains. An excerpt from the book is included in Adirondac regarding the newly refurbished Tower on Stillwater Mtn – a Fire Tower Peak not previously included in the First Edition. On Sunday, September 17th, I hiked to the top of Blue Mountain to take in the vistas from its fire tower, and then continued on to climb Stillwater Mountain for a first-hand look at the newly restored tower.



The trailhead, and trail, to Blue Mountain Fire Tower has been around for a long time. The trailhead is accessed just North of the Adirondack Experience (the new name for the Museum at Blue Mountain Lake). It took me only an hour from Exit 18 on the Northway to get to the trailhead. On the way, shortly before Lake Abanakee, I saw my first moose in the Adirondacks – crossing Rt 28 at about 9:30 in the morning. What a sight!

The trail to Blue Mountain is relatively easy by Adirondack standards. It's two miles in length, with easy uphill (including boulder hopping, of course) in the early going, alternating with some moderately easy stretches. Then the trail steepens, with the last half of the trek almost entirely on smooth rock slabs – like someone came along and “paved” the trail with rock. I'm not a fast hiker uphill – I usually plan for 1 mile per hour – but the entire climb took no more than an hour and 15 minutes. There were a few glimpses of Blue Mountain Lake near the top, but otherwise, it's a hike in the trees – typical for the Adirondacks.



The Fire Tower is in good condition, with good views all around from the cab. The concrete slabs near the base of the tower indicate that there were buildings on the site in the past. There's also a visible service road entering the tower area from the North, but it's off limits for the public. (There are several communications towers near the Fire Tower – needless to say, cell phone coverage is five out of five.)

I took some time to drink in the views and snap some photos, then headed back down. Near the top of the mountain, fir trees and moss lined the rock path. It's that wonderful fir smell that you try to capture and take back home in the small little scented pillows. The sun was high in the sky for the return trip, and quite a few of the maple trees were already showing off their fall colors – glorious sights. It took less than an hour to retrace my steps to the parking lot.



It took an hour to get to the trailhead for Stillwater Mountain from Blue Mountain – via Raquette Lake, Inlet, Eagle Bay, and Big Moose Lake. The last 8 miles is on dirt/gravel roads – just so you know. (Don't wash your vehicle before the trip.) You reach the trailhead on the left, about 8 miles from Big Moose Lake. The signage at the trailhead is odd – if you follow it directly, it appears you can park exactly one car. (When I arrived, there were no cars in trailhead parking, and 7 cars parked along the road.)





It's an easy climb to the top of Stillwater Mountain. 9 tenths of a mile in all on a new, well-cut trail. Once you get to the top, you need to climb the Fire Tower to get a view – and it's just barely a view over the tops of the trees. The Fire Tower has been restored with loving care – it's in great shape. There's a locator in the cab pointing direction to all of the surrounding landmarks, and Stillwater Reservoir looms large to the East. Rather than the fir trees that grace the top of higher mountains, there are mostly deciduous trees at the top of Stillwater Mountain. After the climb, if you're hungry, there's a restaurant at the Stillwater Reservoir boat launch site. And if you're thinking that you'll head over to



Lowville to pick up Route 12 for the drive back to Binghamton to avoid the dirt road back to Big Moose Lake – you might encounter the same number of mile of dirt road before you hit pavement. (Want to know how I know that?)

All in all, a great day hiking to Fire Tower Peaks! Erik Gregory

2017 ADK PADDLE OUTING, by Erik Gregory

The Annual Paddle Outing for the Adirondack Mountain Club was held during 2017 from 17 July to 27 July. There's a good description of the outing on the ADK Web Site (www.adk.org) under the "Play" tab. The outing is becoming very popular, as more people learn about how much fun it is. You can choose to attend the first half, second half, or both. We sent in our request a few days late, asking for the 1st half, and we were too late – it was already booked! Luckily there were still openings for the 2nd half, so we switched our plans. We headed north a day ahead of check-in for some "warm-up" paddling. We completed a short paddle Friday on Lake Luzerne (near Lake George); stayed overnight in Saranac Lake; and paddled Little Clear Pond for a few hours before checking in Saturday at Paul Smiths. We've started to make some good friendships over the last few years, and it was fun to get together again.

Our first outing, on Sunday, was a loop that started and ended at the Rt 30 put-in on Follensby Clear Pond. Follensby Clear Pond is a large, beautiful pond made all the more interesting by multiple islands. There are designated campsites at many places around the pond, and on most of the islands. You could easily just spend a day paddling around the pond itself. Our loop took us up Follensby Clear Pond to the north end, then via a series of short carries to Polliwog Pond, Little Polliwog Pond, Horseshoe Pond, then back to Follensby Clear Pond. [An Adirondack Paddler's Map provides a great view of all of the paddling possibilities, like this loop trip.]

With a Paddler's Map in hand, canoe carries are usually easy to find, and each carry is clearly marked with a white sign. The small boats were easy to transport; a couple of the larger canoes required 4 people to make the carry go smoothly. Everyone pitched in each time we moved the boats to another body of water.





One fun aspect of this group of ponds was all of the loon sightings. Coming from the Binghamton area, where we don't have any of these interesting birds with their eerie calls, it's always a treat to see them. On this loop, we had pairs of loons in each of the ponds, and each pair had a chick with them.

We stopped for lunch at Horseshoe Pond, and as we sat on the bank eating lunch we were treated to some Adirondack underwater creatures – large polliwogs with full developed legs, and leeches swimming around (something I hadn't seen before).

Our second paddling day, unfortunately, was a washout. Steady rain all day. So instead of paddling, we went over to the ADK Property at Heart Lake to take a look at the newly refurbished High Peaks Information Center. If you haven't visited



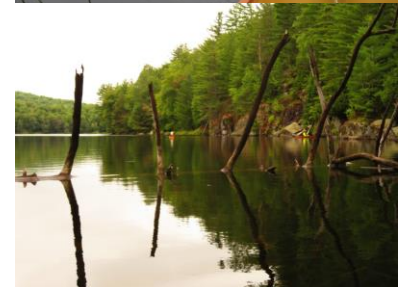
since last year, you'll be amazed. The interior has been totally renovated. There is still a place to get drinks and snacks (including Marcy bars, now!); there's a greater inventory of clothing and outdoor items, all nicely displayed; there are separate areas for rental equipment and trip planning (including a large map table); and there are comfortable seats around a free-standing stove.



On our third day of paddling, several of us from the Binghamton Chapter decided to create our own trip – paddling from Long Pond to Ledge Pond via Pink Pond and back. We had grey skies and some occasional mist, but it was a great route to explore with lots of wildlife and solitude. The ubiquitous loons kept an eye on us in each pond. We cut across Long Pond and entered a winding, watery passageway to Pink Pond filled with plants and wildflowers. After we entered Pink Pond we explored around the edges of the pond, and travelled up the inlet to a carry trail for Ledge Pond.



The carry was much more difficult than two days ago, with some hills to climb over the half mile distance. The effort was worth it! Since it's an "out & back" carry, there's hardly anyone willing to make the trip, so we had the pond to ourselves. There's a great campsite with a large stone fire ring where we stopped for lunch. It gave us a great view of the lake, including 3 loons who gathered to see what we were doing. After lunch we explored the northern side of the lake where the large stone ledge is located, then headed back to Pink Pond.



Once back at Pink Pond we decided we had enough time to do a side trip up a short channel to Little Pink Pond – sometimes unpassable during periods of low water. All in all, an enjoyable day and an interesting trip.

Our final day of paddling was a downstream paddle on the Raquette River, starting from Axton Landing, and paddling downstream to the State Boat Launch site on Rt 30 known as "The Crusher". The Raquette River in this stretch is rather slow moving, and it's not unusual to see people paddling upstream after starting at The Crusher. We paddled even though we were



moving with the current, but it was an easy paddle. We stopped at one of the marked campsites that wasn't in use for lunch – feeling fortunate that we had a breeze. (One of our groups that did the same trip the previous day wasn't so lucky – they were fending off lots of flying pests at lunchtime.) There was a blue heron doing some fishing along the river at one point, and a hawk circling overhead searching for lunch as well. We shared the river with a group from one of the local youth camps (Camp Treetops) and with a Boy Scout Troop on a multi-day paddle trip.

Another fun year at the ADK Paddle Outing. And another great Sunset at Paul Smith's, looking out over Lower St Regis Lake. Erik Gregory



GREAT EASTERN TRAIL, by Lindsey Leiser

On Saturday, November 4th a great group of 6 hikers led by Lindsey Leiser enjoyed 10 miles of hiking on the new Great Eastern Trail near Corning, NY. Below are 3 pictures of the new trail, great views, gorges, lean to, and waterfalls!



RIVER BANK CLEANUP Conservation project

On Sunday October 15th an energetic crew of 11 from your Binghamton ADK chapter participated in the Broome County Environmental Management Council's 2017 River bank cleanup. The chapter team cleaned Chenango riverbank (and woods near the river) from the Bevier St Bridge all the way to the I-88 Bridge. Thanks to Erik, Elaine, Bob, Patsy, Dan, Stacey, Lindsey, Donna, Bruce, Ariel, and Bill for your efforts to improve our river banks!



CHAPTER HOLIDAY PARTY

On December 12th a group of 25 chapter members enjoyed an evening of holiday cheer and sharing of favorite food and drink at Washingtonian Hall. A great time was had by all! Mark your calendars for next year's party!



SILVER LAKE BACKPACK, by Ken Jackson

On May 20-21 a great team of 5 backpackers trekked into Silver Lake lean to, the southernmost lean to on the Northville Placid trail. This outstanding crew performed a much needed move of the privy....as you can see in the pictures below the Silver Lake privy is now one of the best on the entire trail! Thanks Erik, Bob, Chris, Nick, and Ken

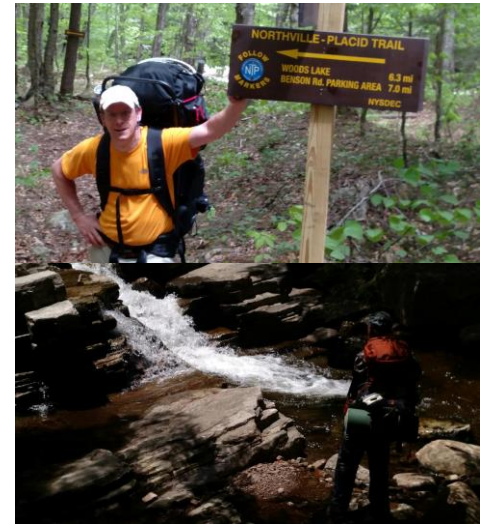
The hike in – Upper Benson to Silver Lake



The Privy move! Notice the classic stonework!



The hike out – Bob ready to hike, Erik at the waterfalls



Upcoming ADK Events

June 2nd, 2018: National Trails Day. This year's projects will be based out of Old Forge, NY

July 16 – 26, 2018, ADK St. Regis Paddle Outing (all sessions already FULL!)

July 29th, 2018, Sunday: 13th annual Ididaride Adirondack Bike Tour

Oct 20th, 2018: Fall trails day. This year's projects will be based out of the High Peaks Information Center

ADK Master Calendar

ADK has created an online master calendar that consolidates in one place all the outings and activities planned by ADK and ADK Chapters. The calendar is packed with many great activities and shows activities for the next six months. One can browse by day or week or month, search on keywords, and request email and text updates. Check it out at <https://www.adk.org/play/calendar/>

ADK Earn A Patch Program

Love a challenge? ADK and ADK chapters offer the following patches:

- Fire Tower Challenge – Glens Falls-Saratoga Chapter
- Kids on the Trail – Laurentian Chapter
- Wilderness Weekends in Western New York Challenge
- Paddle Tour of Finger Lakes – Genesee Valley Chapter
- Adirondack Paddle Pursuit
- Adirondack Quest – Genesee Valley Chapter
- Northville – Placid Trail – Schenectady Chapter

Visit <https://www.adk.org/play/earn-a-patch/> to learn more about each patch opportunity. Browse the ADK master calendar to see opportunities to join ADK members on hikes and paddles as you complete your challenge.

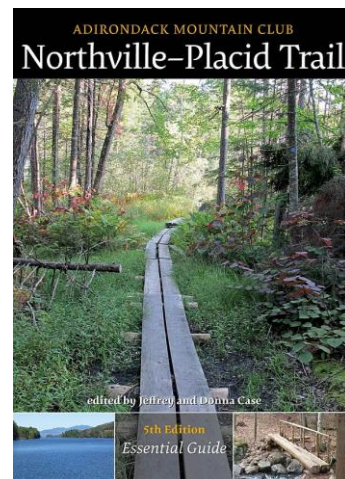
New ADK Guidebooks

Purchase these guidebooks and many other publications at ADK shop: <https://www.adk.org/shop/>

Northville-Placid Trail Guide 5th Edition

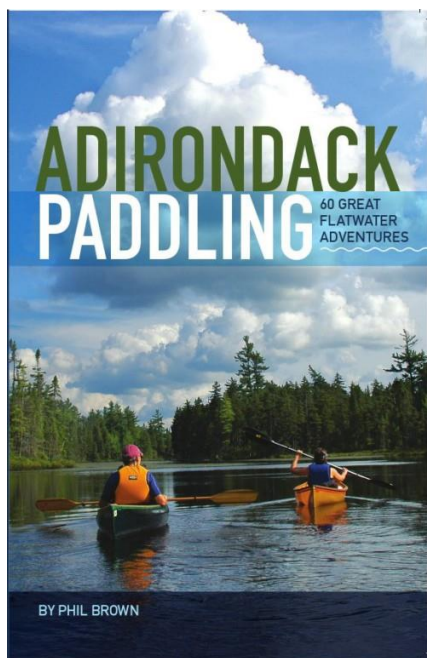
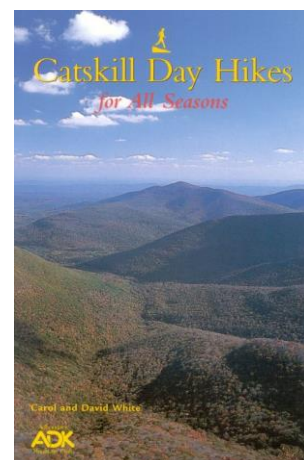
ADK's release of the Northville-Placid Trail guide is in time for the Trail's 95th Anniversary. The newest edition in ADK's Forest Preserve Series of Adirondack and Catskill guides, this volume marks the relaunch of the series. Edited by Jeff and Donna Case, the volume has been extensively revised and redesigned, including a return to a smaller, more convenient size. The new edition's arrival is a celebration of another sort as well: the text includes a detailed description of the long-awaited reroute of the Northville-Placid Trail's (NPT's) southern approach.

The NPT guide is 144 pages, 5"x7", and includes 10 sections describing the NPT in detail, with a page map at the opening of each. It is available in softcover for \$19.95 (\$15.96 members) and \$26.95 for the book and map pack (21.56 members) 341 pages. Softcover. 5 1/2" x 8 1/2". Member Price \$15.96



Catskill Day Hikes for All Seasons

Covers a selection of sixty well-planned hikes throughout the Catskills. Gives difficulty ratings, round-trip distances, and parking and trailhead guidance, as well as descriptions of what you might expect to see. Illustrated with page maps and photos. Includes information on hiking with children and concerns particular to each season. By Carol and David White. 1st ed. 176 pages 5.5' x 8.5'. Softcover. Member price \$10.36.



Adirondack Paddling

Adirondack Paddling features color maps of every route, GPS coordinates for put-ins and takeouts, suggestions for multiday trips, more than 150 color photographs, and it introduces the Meander Quotient. By Phil Brown. 'The Adirondack Park has thousands of miles of rivers and streams and countless lakes and ponds. Where is a canoeist to begin? Adirondack Paddling has the answer, or, rather, many answers.

Phil Brown, the editor of the Adirondack Explorer newsmagazine, has chosen sixty trips that will appeal to flatwater paddlers of all tastes and abilities, from parents with young children to hard-core wilderness junkies.' –Kate Williams, executive director, Northern Forest Canoe Trail

288 pages. Paperback. More than 100 color photos, more than 60 color maps. \$24.95. ADK members pay \$19.96

Address Label

Subscription to this newsletter is included in membership in the Binghamton Chapter of the Adirondack Mountain Club. It is available to the public and to non-chapter members for \$5 per year. Contact Ken Jackson at (607)341-1584 for more information.

Binghamton Chapter Officers and Committee Chairs 2018

Chair: Pat Connors
625-4078 pat_connors_ny@yahoo.com

Conservation chair: Ken Jackson
341-1584 kenjny@stny.rr.com

Outings chair: Lindsey Leiser
621-8945 adk46@stny.rr.com

Vice-Chair: Open

Treasurer: Stacey Flanagan
stafla12@gmail.com

Membership chair: Ken Jackson
341-1584 kenjny@stny.rr.com

Secretary: Elaine Gregory
775-0952 cricket46@echoes.net

Director, ADK: Bob Strebel
bobmail@stny.rr.com

Hospitality: Stacey Flanagan
stafla12@gmail.com

Program Chair: Open

Webmaster: Erik Gregory
rf8g46er@echoes.net

Communications/ Facebook: Open

Adirondack Mountain Club annual membership dues are \$50 for individuals and \$60 for families (other membership levels are available, including seniors and students). Benefits of membership include:

- discounts on ADK workshops and programs
- discounts on ADK merchandise
- invitations to member only outings and extended trips
- reduced rates at ADK facilities: lodges, leantos, cabins, and campgrounds
- 20% discount on ADK trail guides, canoe guides, maps, books and calendars
- membership in one of ADK's 27 chapters throughout the Northeast
- Adirondac Magazine six times a year

For more information go to www.adk.org or call 800-395-8080